



# Fill the Fridge!

## Provide **FOOD** and **HOPE** for homeless families in Northern Virginia



Fill the Fridge—and cupboards!—of homeless families and individuals moving into one of our newly completed projects. Your support will help them to move one step closer to rebuilding their lives!



Grocery store gift cards will allow families to buy perishables—like fruit and milk—and give a healthier start to families and individuals moving into our projects!

### Hold a gift card drive with ...

- ... your office
- ... your church or other group of friends and colleagues
- ... your little league team
- ... your kids' school clubs
- ... ANYONE ELSE!

Fill the Fridge is just one way to support our Helping Hands Volunteer Program—check out the others online!

[www.homeaidnova.org](http://www.homeaidnova.org)



Post updates and pictures about your drive to encourage others to get involved!



#HANVFilltheFridge

**Bring back the family dinner.**